

PATIENT NOTICE – PLEASE READ

Dear Patient,

In these unusual times we are doing our utmost to continue delivering excellent cardiac care. As a result, we have safely delivered this Holter device to your home.

You must call the m-Health Solutions Cardiac Educator at **1-888-240-0667** for hook-up guidance once you have read these instructions entirely. Our business hours are **Monday to Thursday, 9am – 7pm**, and **Friday, 9am – 5pm**. If these hours are not suitable, please call during business hours to schedule an after-hours appointment. It is crucial that we ensure proper application and function of your device at the time of application.

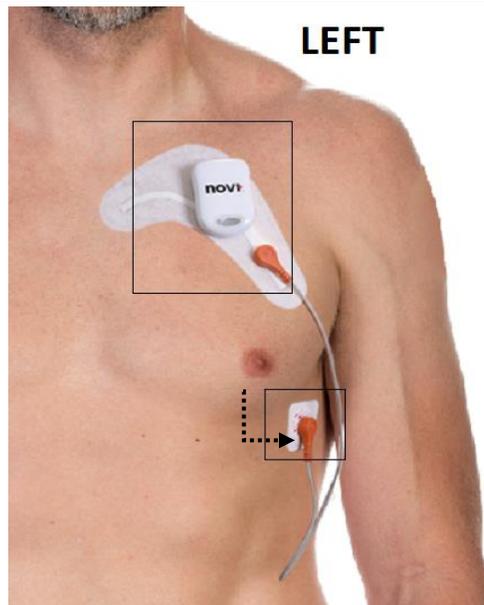
DO NOT APPLY THE PATCH PRIOR TO CALLING US. IF THIS IS DONE INCORRECTLY AND WITHOUT OUR HELP, YOU MAY BE CHARGED A \$50 ADMINISTRATION FEE.

What to Expect:

1. This call will take approx. 10 minutes to complete.
2. **Males** must shave the entire upper left area of their chest where the Holter will be placed prior to phoning in. (*refer to photo*)
3. Have access to a mirror and/or a family member for assistance if needed.
4. Make sure your skin is clean. Do not apply any creams and or solutions onto the skin prior.
5. For sensitive skin, there are products available that may help prevent irritation. See below products or speak to your pharmacist:
 - i. 3M™ Cavilon™ Durable Barrier Spray or
 - ii. 3M™ Cavilon™ Wipes

Thank you for your cooperation.

Device Information and Diagram



LEFT

Patch:

LEFT upper side of chest,
just below the collarbone.

V5 Wire:

2" underneath breast,
then 2" towards LEFT ribs.

**DO NOT APPLY THE PATCH UNTIL YOU GET IN TOUCH WITH OUR CARDIAC EDUCATOR.
THE PATCH CAN ONLY BE APPLIED ONCE.**